



**POWER LUNCH**

**MONDAY - FRIDAY 11 AM TO 4 PM**

**APPETIZERS**

**Italian Nachos** Chicken, Sausage or Combo  
Crispy pasta chips, black olives, pepperoncinis, roma tomatoes, jalapeños, alfredo, mozzarella and parmesan  
*Regular 8.99 / Mini 3.99 / Family Size 17.99*

**Hand-Breaded Calamari**  
Thinly cut and lightly fried. Served with spicy marinara sauce  
*Regular 8.99 / Mini 3.99 / Family Size 17.99*

**Baked Stuffed Mushrooms**  
Spinach, parmesan, red onions and garlic topped with lemon basil cream sauce, roma tomatoes and basil *7.99*

**Sicilian Fire Sticks**   
Tomato-basil tortillas rolled with Italian sausage, chicken, bacon, roma tomatoes, jalapeños and Italian cheeses. Served with spicy marinara sauce and ranch  
*Regular 8.99 / Mini 3.99*

**Mozzarella with Marinara**  
Breaded in special seasonings. Served with spicy marinara sauce  
*Regular 6.99 / Mini 3.99 / Family Size 13.99*

**Italian Sliders**  
Choice of meatball, chicken parmesan or Italian sausage *5.99*

**PIZZAS**

**Italian Cheesesteak**  
Marinara cream sauce, sliced grilled sirloin, marinated peppers, caramelized onions, mozzarella and asiago *10.99*

**Ranch and Roasted Veggie**  
Ranch dressing, oven-roasted vegetables, mozzarella and parmesan *10.49 / 11.49 chicken*

**Traditional Margherita**  
San Marzano tomato sauce, fresh roma tomatoes, mozzarella, parmesan and basil *9.49*

**Three Meat Classic**  
San Marzano tomato sauce, pepperoni, ham, Italian sausage, mozzarella and parmesan *10.49*

**BBQ Chicken**  
Sweet barbeque sauce, grilled chicken, pepperoncinis, red onion, mozzarella and parmesan *10.49*

**Chicken Alfredo**  
Alfredo sauce, chicken, applewood smoked bacon, mushrooms, parmesan and asiago *10.49*

**Create Your Own Pizza**  
Choose up to five toppings below: *10.49*

- Extra Mozzarella • Red Onions • Ham • Pepperoni
- Spinach • Mushrooms • Bacon • Roasted Red Peppers
- Black Olives • Roma Tomatoes • Italian Sausage
- Chicken • Artichokes • Sun-Dried Tomatoes
- Basil • Parmesan • Provolone

**GLUTEN FREE MENU ALSO AVAILABLE**

If you have a favorite Carino's dish that is not currently on the menu or have a special request, ask us!

**SALADS**

**Pecan-Crusted Chicken**  
Fresh spinach, gorgonzola, roma tomatoes, applewood smoked bacon, red onions and crispy onion straws. Served with warm bacon vinaigrette *10.99*

**Classic Caesar**   
Romaine, roma tomatoes, black olives, red onions, parmesan and garlic croutons  
*9.49 chicken / 11.49 shrimp and artichokes*

**Zesty Calamari**   
Crispy, breaded calamari over romaine with black olives, roma tomatoes and pepperoncinis. Served with our own spicy ranch *10.99*

**Italian Wedge**   
Iceberg wedge, applewood smoked bacon, candied pecans, gorgonzola, roma tomatoes and apple slices. Served with roasted garlic ranch  
*6.99 à la carte / 3.99 with entrée*

**House or Caesar Salad**   
Add a House or Caesar Salad  
*3.49 à la carte / 1.99 with entrée*

**Dressing Choices:** Creamy Gorgonzola, Ranch, Roasted Garlic Ranch, Spicy Ranch, Signature Caesar, House Chianti Vinaigrette

**SANDWICHES**

**Crispy Pepperoni Burger**  
Half-pound Black Angus patty on a soft bun, topped with mozzarella, parmesan, San Marzano tomato sauce and fried pepperoni *9.99*

**Oven Roasted Sandwich**  
Choice of Italian Meatball or Sausage and Peppers, served sub-style on our Tuscan bread loaf *8.99*

**Chicken Parmesan Panini**  
Hand-breaded chicken breast topped with mozzarella and tomato sauce on grilled panini bread *8.99*

**Smoked Turkey and Bacon Panini**  
Smoked turkey, applewood smoked bacon, gorgonzola, mozzarella and roma tomatoes on grilled panini bread *9.49*

**ALL PANINIS SERVED WITH PARMESAN SHOESTRING FRIES**

- Can be made Gluten Free  
Please request when ordering

- Spicy Item      - Low Fat Item

Dishes meet U.S. FDA definition of low fat and contain less than 3 grams of fat per 100 grams of food and no more than 30% of calories from fat.

**LUNCH ENTRÉES**

**Spicy Shrimp and Chicken**   
Penne pasta, sliced chicken, cayenne pepper romano cream sauce, mushrooms, sun-dried tomatoes and green onions *9.99*

**Spicy Romano Chicken**   
Bowtie pasta, sliced chicken, cayenne pepper romano cream sauce, artichokes, mushrooms, sun-dried tomatoes and green onions *9.49*

**Homemade 16 Layer Lasagna**  
**MADE FRESH DAILY.** Layers of pasta, Italian sausage, beef, meat sauce, ricotta, mozzarella and parmesan *9.49*

**Chicken Scaloppini**   
Sautéed chicken breast, mushrooms, roma tomatoes, bacon and lemon butter cream sauce. Served with spaghetti *9.49*

**Jalapeño Garlic Tilapia**   
Tilapia sautéed in lemon butter cream sauce with garlic, spinach, roma tomatoes and angel hair *9.99*

**Homemade Parmigiana**  
Signature recipe. Tomato sauce, parmesan and mozzarella. Served with spaghetti  
*9.49 chicken / 8.49 eggplant*

**Baked Cheese Tortelloni**  
Creamy meat sauce tossed with ricotta. Baked with mozzarella and parmesan *9.49*

**LUNCH COMBINATIONS**

**Unlimited\* soup, salad and fresh baked bread** ..... *6.99*  
(Choice of House or Caesar salad and soup)

*\*Unlimited applies to dine-in only*

OR

**Choose a soup or salad and your favorite entrée:** ..... *7.99*

**Soups & Salads**

- Minestrone
- Soup of the Day
- House Salad
- Caesar Salad

**Entrées**

- Chicken Fettuccine
- Spaghetti and Meatballs
- Angel Hair with Artichokes
- Skilletini
- (chicken, sausage or combo)
- Grilled Chicken Bowtie Festival
- Chicken Parmesan Panini (half portion)
- Create Your Own Pasta
- (alfredo, tomato or spicy marinara

**ADD AN UNLIMITED\* HOUSE, CAESAR SALAD OR SOUP FOR ONLY \$1.99**

*\*Unlimited applies to dine-in only.*


**WHOLE WHEAT PENNE PASTA AVAILABLE UPON REQUEST**

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**DINNER**

**ENTRÉES**

**Skilletini®** Chicken, Sausage or Combo   
Sizzling skillet with spaghetti, spicy marinara sauce, parmesan, marinated onions and green bell peppers  
13.49 / 15.49 *sirloin or shrimp*

**Lemon Rosemary Chicken**    
Grilled chicken breast with angel hair, spinach, roma tomatoes and parmesan. Served with a choice of fresh vegetables or roasted red pepper green beans 14.49


**Chicken Scaloppini**   
Sautéed chicken breast, mushrooms, roma tomatoes, bacon and lemon butter cream sauce. Served with spaghetti 14.49

**Chicken Milano**  
Sautéed chicken breast with mushrooms and alfredo layered with ham, basil and provolone. Served with fettuccine 14.49

**Grilled Chicken Bowtie Festival**  
Pasta with sliced chicken, bacon, garlic, red onions, roma tomatoes and asiago cream sauce 13.99

**Lobster Ravioli**  
Maine lobster filled ravioli with spinach, roma tomatoes, asiago and lemon basil cream sauce 16.49


**Spicy Romano Chicken**   
Bowtie pasta, sliced chicken, cayenne pepper romano cream sauce, mushrooms, artichokes, sun-dried tomatoes and green onions 13.99

**Spicy Shrimp and Chicken**   
Penne pasta, sliced chicken, cayenne pepper romano cream sauce, mushrooms, sun-dried tomatoes and green onions 14.99

**Shrimp Scampi**  
Angel hair, mushrooms, garlic, roma tomatoes, basil, parmesan and white wine lemon butter sauce 15.49

**Angel Hair with Artichokes**   
Pasta with roma tomatoes, garlic, capers, basil, black olives and parmesan  
11.49 / 12.49 *chicken* / 13.49 *shrimp*

**Lemon Pepper Mahi Mahi**  
Grilled fillet topped with artichokes, roma tomatoes and spinach in a lemon butter wine sauce with angel hair and fresh vegetables 16.49

**Chicken Marsala**   
Sautéed chicken breast with mushrooms and sweet wine sauce. Served with fettuccine or sautéed spinach 15.49

**Crispy Pepperoni Burger**  
Half-pound Black Angus patty on a soft bun, topped with mozzarella, parmesan, San Marzano tomato sauce and fried pepperoni 10.99

**Jalapeño Garlic Tilapia**    
Tilapia sautéed in lemon butter cream sauce with garlic, spinach, roma tomatoes and angel hair 15.49

**CLASSIC ITALIAN & PASTA**


**Homemade 16 Layer Lasagna**  
**MADE FRESH DAILY.** Layers of pasta, Italian sausage, beef, meat sauce, ricotta, mozzarella and parmesan 12.99

**Carino's Favorites Combo**  
Lasagna, Chicken Parmigiana and spaghetti with marinara sauce 16.49

**Chicken Fettuccine**  
Pasta with sliced grilled chicken and alfredo 12.99

**Spaghetti and Handmade Meatballs**  
Handmade meatballs and tomato sauce 11.49

**Baked Cheese Tortelloni**  
Creamy meat sauce tossed with ricotta. Baked with mozzarella and parmesan 11.99

**Homemade Parmigiana**  
Our signature recipe. Tomato sauce, parmesan and mozzarella. Served with spaghetti  
14.49 *chicken* / 12.49 *eggplant* 

**Create Your Own Pasta**  
Spaghetti, angel hair, penne, fettuccine or bowtie. Served with choice of sauce  
*Tomato* , *Spicy Marinara*   or *Alfredo Sauce* 9.99  
*Meat Sauce* 10.99 / *Sausage* 11.99

All entrées include  
House, Caesar Salad or Soup.

**WHOLE WHEAT PENNE PASTA  
AVAILABLE UPON REQUEST**

**FAMILY PLATTERS**

Your favorite dishes served in larger portions to satisfy the group (serves 2 to 3). All platters include your choice of House, Caesar Salad or Soup for only 1.49 per person.

<b>Grilled Chicken Bowtie Festival</b> .....	27.99
<b>Chicken Parmigiana</b> .....	28.99
<b>Lemon Rosemary Chicken</b>   .....	28.99
<b>Chicken Fettuccine</b> .....	25.99
<b>Spicy Romano Chicken</b>  .....	27.99
<b>Homemade 16 Layer Lasagna</b> .....	27.99
<b>Pasta with Meatballs or Sausage</b> .....	23.99
<b>Skilletini®</b> Chicken, Sausage or Combo  .....	26.99
<b>Skilletini®</b> Sirloin or Shrimp  .....	30.99
<b>Spicy Shrimp &amp; Chicken</b>  .....	29.99
<b>Chicken Scaloppini</b>  .....	28.99
<b>Shrimp Scampi</b> .....	30.99
<b>Chicken Milano</b> .....	28.99

**CLASSIC DESSERTS**

Turtle Cheesecake • Italian Chocolate Cake  
Lemon Cream Cake • Homemade Tiramisu

**Mini Desserts Only 2.00 Each**  
Chocolate Cake • New York Cheesecake  
Turtle Cheesecake • Homemade Tiramisu


**CARINO'S PASTA POINTS**

*Grazie! This is how we like to say  
"Thank You" at Carino's Italian.*

Register your Carino's Pasta Points Card and start earning points for every dollar you spend with us. The more points, the greater the reward!

 - Can be made Gluten Free  
Please request when ordering

 - Spicy Item  - Low Fat Item

 Dishes meet U.S. FDA definition of low fat and contain less than 3 grams of fat per 100 grams of food and no more than 30% of calories from fat.

\*Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of foodborne illness, especially if you have a medical condition. Food may be cooked to order.